Questions to ask before you book a lymphatic massage

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Tick each question once you have the answer, and write it on the line. The last page is a sheet for comparing up to three practitioners.

Licensing and training

Ask before you book. Then check the answers yourself; do not rely on the answer alone.

- [ ] **What is your full name and license number?**
  Search the number in your state board's lookup. In Texas that is TDLR's license search.

  _____

- [ ] **Is that license current, and is it issued to you or to the business?**
  A business license covers the location, not the person.

  _____

- [ ] **Who will be working with me, and is it the person whose license I checked?**
  Check each therapist by name.

  _____

- [ ] **Which school or body issued your lymphatic drainage training, and when?**
  Look the holder up in that issuer's directory. Our certifications page lists where.

  _____

- [ ] **Do you hold any other professional license, and which board issues it?**
  Physical and occupational therapists are licensed by a different board than massage therapists.

  _____

Location and logistics

These are the practice's own policies. Write down the answers.

- [ ] **Where do sessions take place: a studio, a clinic or my home?**

  _____

- [ ] **If you come to me, what area do you cover, and is there a travel fee?**

  _____

- [ ] **Which session lengths do you offer?**

  _____

- [ ] **How do I book, and how far ahead are you taking appointments?**

  _____

- [ ] **What is your cancellation and late-arrival policy?**

  _____

- [ ] **What forms or information do you need from me before the first visit?**
  This is their intake policy, not medical advice.

Price

Get every charge before you book, so two quotes can be compared.

- [ ] **What is the price for each session length?**
- [ ] **Do you sell packages? How many sessions, what is the price per session, and do they expire?**
- [ ] **Are there other charges, such as a travel fee, a deposit, tax or a card fee?**
- [ ] **Which payment methods do you take, and can you give an itemized receipt?**
- [ ] **What is your refund policy?**

Not medical advice. Questions about whether lymphatic drainage is right for you, or about timing around surgery or a medical condition, belong with your doctor or surgeon. This checklist does not cover them.

Compare up to three practitioners

Fill in one column per practitioner. Look up each license yourself at the state board, not from their website's copy.

	Practitioner 1	Practitioner 2	Practitioner 3
Practitioner name			
License number			
Date I looked it up, and the status shown			
Lymphatic training: issuer and year			
Found in the issuer's directory? (yes / no / no directory)			
Where sessions take place; travel fee			
Price for a 60-minute session			
Package: sessions, total price, price per session			
Other charges			
Cancellation policy			
Notes			

Where to look up a license: lymphaticmassagefinder.com/massage-license-lookup. Where to check lymphatic training: lymphaticmassagefinder.com/lymphatic-certifications. Texas prices posted by verified practices: lymphaticmassagefinder.com/lymphatic-massage-prices.

This sheet helps you ask questions and compare logistics, licensing and price. It is not medical advice, and a listing on our site is not a recommendation. Latest version: https://lymphaticmassagefinder.com/questions-to-ask-before-booking